**Patient Name:** GONZALEZ, MARIO

**Date of Birth:** 09/12/2001

**Date of Service:** 09/30/2022

**History of Present Illness:**  
This is a 21 year-old male who was involved in a motor vehicle accident on 08/01/2022. The patient states that he was the restrained driver of a vehicle which was involved in front end collision. Patient states that he was driving through intersection when a driver of the other vehicle ran stop sign and patient tried to break hard, which ended up hitting rear of the other car. Patient injured Right Knee in the accident. The patient is here today for orthopedic evaluation. Patient has not tried PT or injections.

Patient complains of right knee pain that is 7/10, which is sharp when being active, dull and stiff in nature. Pain is associated with tingling.

**Past Medical History:**  
Ear/sinus infections.

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
None

**Allergies:**  
Naproxen.

**Social History:**  
Occasional drinking.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert, and oriented x3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Right Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable.

**Diagnostic Imaging:**  
08/10/2022 - MRI of the right knee reveals undersurface horizontal tear of the free edge of posterior horn of the medial meniscus on coronal imaging only. Lateral subluxation of patella with joint effusion and infrapatellar soft tissue edema which can be seen with patellofemoral impingement syndrome. Cartilage softening over medial patella.

**Assessment and Plan:**  
Diagnoses: Medial meniscus tear and patellofemoral impingement syndrome, right knee.  
Plan: Recommend to start PT and be reevaluated in 6 weeks.

The patient’s Right Knee was examined   
MRI of the Right Knee was reviewed.   
Patient is to return to the office in 6 weeks.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**